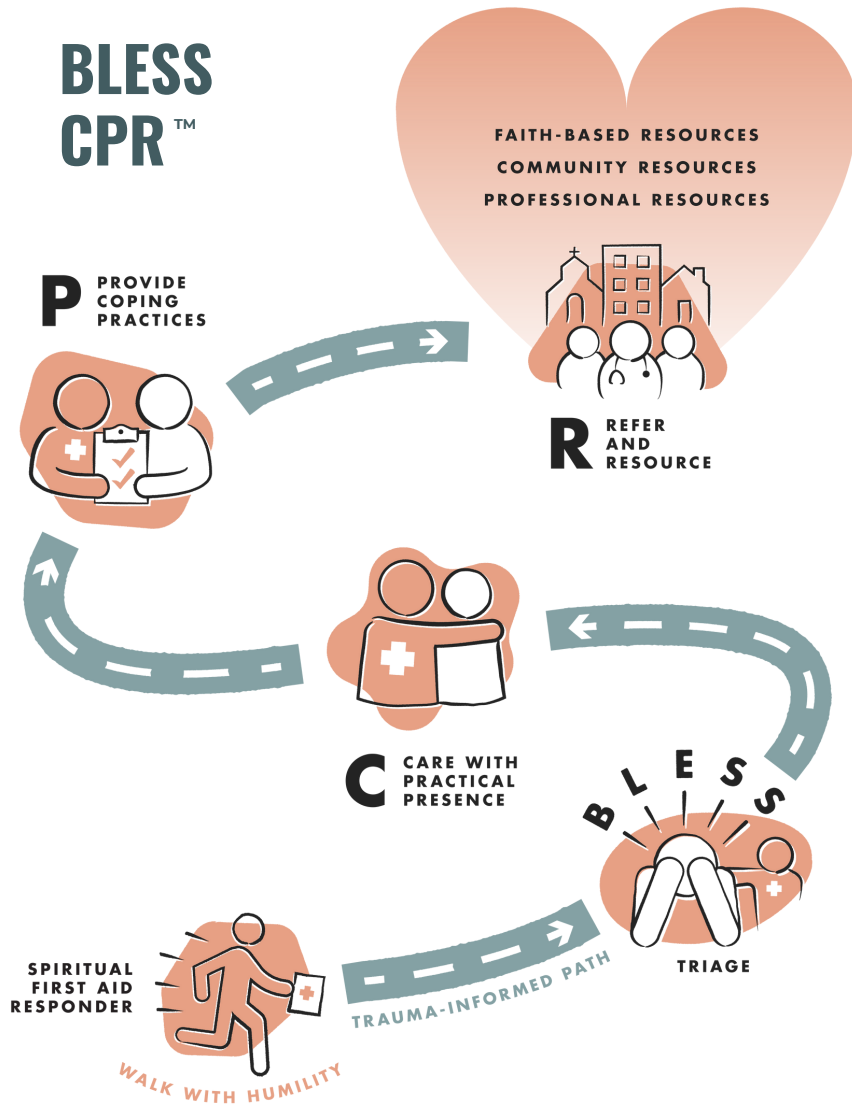




SPiritual
First Aid™

BLESS CPR™



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BLESS NEEDS



BLESS CPR TOOL

Toward the end of your interaction, complete and give this handout to helpees. Remember to provide detailed and concrete information when completing.

Primary BLESS Need (my most pressing unmet need):

.....

.....

Coping Practices (ways I can reduce distress):

.....

.....

Practical Presence (who I can turn to for support):

.....

.....

Referrals (additional services and supports where I can get help):

.....

.....

Visit SpiritualFirstAid.org for additional resources.

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Save \$30: Special Gift for Restore Conference Attendees

We're so glad you joined us at the Restore Conference! As a thank-you, you've been gifted \$30 off the Spiritual First Aid Certification Course.

To redeem your discount, use the coupon code and QR code provided below and follow the instructions in the images to apply your discount and complete your registration.

If you have any questions, feel free to reach out to us at info@spiritualfirstaid.org. We'd love to help!

To learn more about the course, visit <https://www.spiritualfirstaid.org>.



STEP 1. SCAN



Scan the QR code or type in <https://rebrand.ly/2025restore>.

This will take you to the Spiritual First Aid Certificate Course enrollment page shown in Step 2.



STEP 2. REGISTER

Enter access code **RESTORE2025** and complete your registration.

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- A proven spiritual and emotional care framework that works.
- Peace of mind that comes from knowing you've done enough to help.

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Check Box

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